

Rite 13—Scope and Sequence Year One

UNIT ONE: LAYING THE FOUNDATION

This unit introduces the three themes of Journey to Adulthood.

1. Spirituality: Loving God (2-3 meetings)
2. Society: Loving Neighbor (2 meetings)
3. Self: Loving Self (3 meetings)

UNIT TWO: MADE IN GOD'S IMAGE I

In this unit, youth explore their God-given identities.

1. Self: My Gifts and Abilities (2-3 meetings)
2. Self: Fearfully and Wonderfully Made (1-2 meetings)
3. Self: Who Do I Come From? (2-3 meetings)

UNIT THREE: MADE IN GOD'S IMAGE II

This unit explores how we seek and find the image of God in ourselves and others.

1. Spirituality: How Do I Connect with God? (2 meetings)
2. Spirituality: Resources for Connecting (2-3 meetings)
3. Spirituality: Images We Carry (3 meetings)
4. Spirituality: Walk in Love (2-3 meetings)

UNIT FOUR: THE TREE OF LIFE

In this unit, we look at what scripture tells us about God's desire for us.

1. Society: God's Dream for Us (1-3 meetings)
2. Society: Empowered to Choose (1-3 meetings)
3. Society: Seeking Help (2-3 meetings)
4. Self: Choose Life (2-3 meetings)

UNIT FIVE: WHAT DOES THE LORD REQUIRE? I (1 MONTH + SERVICE PROJECT)

This unit looks at justice and how God wants us to live. It culminates in a service project.

1. Spirituality: Foundations of Justice (2 meetings)
2. Society: Walking Humbly (2-3 meetings)
3. Society: Loving Kindness (2-3 meetings)

RITE 13 CEREMONY AND LESSON (usually reserved for Year 2)

Rite 13—Scope and Sequence Year Two

UNIT ONE: ENCOUNTERING GOD (1–2 MONTHS)

These lessons explore where we find God.

1. Spirituality: Loving God in Scripture (2–3 meetings)
2. Spirituality: Seeking God in Scripture (2–3 meetings)
3. Society: Finding God in Others (3 meetings)

UNIT TWO: THINE IS THE KINGDOM (2–3 MONTHS)

These lessons explore power, privilege, and inclusion.

1. Self: Needs and Wants (2–3 meetings)
2. Society: Who Has the Power? (3 meetings)
3. Self: Temptation of Power (3–4 meetings)
4. Society: My Role in the Kingdom (2–3 meetings)

UNIT THREE: I WILL, WITH GOD’S HELP (3 MONTHS)

This unit considers faith through spiritual practices and the creeds.

1. Spirituality: Mercy and Reconciliation (2–3 meetings)
2. Spirituality: Seeking Healing (2–3 meetings)
3. Spirituality: Embracing the Creed (2–3 meetings)
4. Society: Hearing Our Faith (1-plus meetings; also works well to introduce leaders)
5. Self: Voicing My Faith (2 meetings)
6. Self: Meeting God in Doubt (2 meetings)

UNIT FOUR: WHAT DOES THE LORD REQUIRE? II (1–3 MONTHS)

These lessons return to the idea of mission.

1. Society: Finding Mercy (2–3 meetings plus)
2. Spirituality: Choosing to Share (1–4 meetings)
3. Spirituality: Five Marks of Mission (2–3 meetings)

UNIT FIVE: CARING FOR CREATION (1–2 MONTHS)

These lessons explore our identity in relationship with all of God's creation.

1. Society: Part of God's World (2 meetings)
2. Self: Created to Be Creative (2 meetings)
3. Society: Thinking Abundantly (2 meetings)

RITE 13 CEREMONY AND LESSON (usually reserved for Year 2)



J2A—Scope and Sequence Year One

UNIT ONE: GETTING STARTED

This unit begins the two-year cycle for J2A.

1. Society: Creating a Community Covenant (1-2 meetings)
2. Self: What Role Do I Play? (1-2 meetings)
3. Spirituality: Welcoming the Stranger (1 meeting)

UNIT TWO: LAYING THE FOUNDATIONS (2–3 MONTHS)

This unit helps us think about God, our neighbors, and ourselves.

1. Society: Respecting Self and Others (1-2 meetings)
2. Spirituality: God of the Old and New (2-3 meetings)
3. Spirituality: God the Father (2-3 meetings)
4. Spirituality: God the Son (2-3 meetings)
5. Spirituality: God the Spirit (1-2 meetings)
6. Spirituality: Naming God (1-2 meetings)

UNIT THREE: MOVING TOWARD MISSION I

This unit explores the work of the church beyond the building.

1. Society: Love As I Have Loved (1-3 meetings)
2. Society: God of the Outsiders (2-3 meetings)
3. Society: Seeing and Using Our Privilege (2-3 meetings)
4. Self: Using Our Voices (2-3 meetings)
5. Society: Taking Action With and For (2-3 meetings plus 2 off-site events)
6. Society: Urban/Rural Adventure (weekend away)

UNIT FOUR: ALL THAT CHURCH STUFF

This unit is for learning more about the liturgy and other faiths.

1. Spirituality: The Church Year (2-3 meetings)
2. Spirituality: Baptism and Eucharist (2-3 meetings plus possible Eucharist)
3. Society: Our Jewish and Muslim Neighbors (3 meetings plus 2 possible off-site events)

UNIT FIVE WHO AM I?

In this unit, we learn about loving and honoring God, ourselves, and others.

1. Self: Identity and Vocation (2-3 meetings)
2. Self: Using our Gifts from God (1-3 meetings)
3. Self: My Purpose Statement (2-3 meetings)

OTHER LESSONS

Self: Responding to Tragedy (1-3 meetings)

J2A Pilgrimage (4 meetings plus pilgrimage, usually reserved for Year 2)



J2A—Scope and Sequence Year Two

UNIT ONE: SPIRITUAL DISCIPLINES (3 MONTHS)

These lessons explore Christian practices and work well for Advent and Lent.

1. Spirituality: In God's Presence (2-3 meetings)
2. Spirituality: Contemplative Prayer (2 meetings)
3. Spirituality: Repentance and Fasting (2 meetings +)
4. Spirituality: Scripture Surprises (2-3 meetings)
5. Spirituality: Sacramentals (3 meetings)

UNIT TWO: WHO AM I? PART II: MY PLACE IN GOD'S FAMILY (2-4 MONTHS)

These lessons consider who we are as individuals and in community.

1. Self: My Personality (2-4 meetings)
2. Self: Who I Am/Who I Will Be (2-3 meetings)
3. Self: Doubting Faithfully (2-3 meetings)
4. Society: Money and Food (2-4 meetings)
5. Society: Race and Racism (2-3 meetings)
6. Self: Gender (2 meetings)
7. Self: Sexuality (2 meetings)
8. Self: Consent (1 meeting)

UNIT THREE: ENJOYING AND CARING FOR GOD'S WORLD (2 MONTHS)

Creation care and finding God in nature is the focus of this unit.

1. Self: Noticing God (2-3 meetings)
2. Spirituality: Wonder in the Psalms (2-3 meetings)
3. Society: Justice and Creation (2-3 meetings)

UNIT FOUR: MOVING TOWARD MISSION II (2 MONTHS)

We explore our missional response to God's love in the world

1. Society: How Do I Love Thee? (2-3 meetings)
2. Society: Tourism, Pilgrimage, and Mission (2 meetings)
3. Self: Commissioned for Mission (2-3 meetings)
4. Spirituality: Mission: Possible (2 meetings)

OTHER LESSONS

Self: Responding to Tragedy (1-3 meetings)

Society: Responding to Crisis (1-3 meetings)

Spirituality: Responding to Catastrophe (1-3 meetings)

J2A Pilgrimage (4 meetings plus pilgrimage, usually reserved for Year 2)



4Ward—Scope and Sequence Year One

4Ward was formerly known as YAC or Young Adults in the Church.

(M) indicates mentors should be present.

UNIT 1 GETTING STARTED (1 MONTH)

1. Society: Life Together—(1 meeting)
2. Society: (M) Many Members, One Body—(2-3 meetings)

UNIT 2 SEARCHING OUT THE SCRIPTURES (~1 MONTH)

We encourage you to work through this sequence before beginning a Bible study. They provide interpretive tools that may help when working through a difficult passage.

1. Spirituality: Questioning Scripture—(3-4 meetings)
2. Society: Liberation—(1 or 2 meetings, reserving Activity B for Unit 4)

UNIT 3 BIBLE STUDY (1-2 MONTHS; 6 MTGS EACH)

*We recommend two of the four Bible studies each year. They can be done in any order, though (Society) **James**, with its pragmatic concerns about living out our faith for the benefit of others, may be a more accessible starting point than the others. **Mark** is a good choice in Lent.*

UNIT 4 GETTING INVOLVED IN THE CHURCH (2-3 MONTHS)

This sequence is central to 4Ward. Consider planning and implementing the mission trip while working through one of the Bible Studies.

1. Society: Liberation—(1 meeting: Activity B)
2. Society: Five Marks of Mission—(2-3 meetings)

3. Society: (M) Mission Trip—(1 pre-trip meeting, 1 off-site event, 1 post-trip meeting)
4. Society: (M) Young Adults in the Church—(1-2 meetings or 2-3 planning meetings and one church event)

UNIT 5 MAKING IT MY OWN (2–3 MONTHS)

This sequence offers opportunities for young adults to explore their relationship to the Christian faith and the ways personal and communal faith intersect and nurture each other. These build on similar themes in J2A and Rite 13; if your group is relatively new to Journey to Adulthood, consider consulting those lessons to lay some groundwork. Schedule these periodically to include mentors as you work through other units.

1. Spirituality: Questioning God—(1-3 meetings)
2. Spirituality: (M) The Life of Faith—(1-3 meetings)
3. Self: (M) The Communion of Saints—(1-3 meetings)
4. Spirituality: (M) Holy Mysteries—(1-3 meetings)
5. Spirituality: (M) “Christ in Us”—(1-3 meetings)



4Ward—Scope and Sequence Year Two

UNIT 1 BIBLE STUDY (~1–2 MONTHS EACH)

The Bible studies can be done in any order. If James and Mark were used in Year One, use (Spirituality)

Colossians and (Self) **1 John** this year. *Colossians may be a helpful way of introducing or concluding the “Christ in Us” sequence, and 1 John may be helpful way of doing the same for the “Christ in Me” sequence. Be sure you have done Unit 1 from the first year before engaging with Colossians.*

UNIT 2 CHRIST IN US (~2 MONTHS)

These lessons explore how Christian community is shaped by who Jesus is and different possibilities for what it means to be part of a Christian community.

1. Spirituality: Christ Who Is Our Life—(2–3 meetings)
2. Spirituality: Being Episcopalian—(2–3 meetings; can be adapted for other denominations)
3. Society: Christ and the Culture—(2–3 meetings)

UNIT 3 CHRIST IN ME (~3 MONTHS)

These lessons explore different aspects of living out our Christian identity and how it is shaped by who Jesus is. A consistent theme is that we are not self-sufficient: we need God and community to become who we truly are.

1. Self: Like Us in Every Respect—(2–3 meetings)
2. Self: Learning Our Limits—(2–3 meetings)
3. Self: Sin and Forgiveness—(3 meetings)
4. Self: Creatureliness and Interdependence—(1–2 meetings)
5. Self: Christ is All and in All—(2–3 meetings)

4WARD CEREMONY AND LESSON (usually reserved for Year 2)