

RESOURCE 18  
ANTI-RACISM WORKSHOP HANDOUT A

A PERSONAL INVENTORY

*Please write your responses to the following questions before sharing with your group.*

1. When were you first aware of racial and ethnic differences? What are your earliest recollections of how people of color were/are treated?

2. What kinds of contact did you have with people of different racial or ethnic backgrounds at the time you became aware of these differences?

3. How did important adults help you interpret your experiences?

4. How did you first experience racism? From where did you learn to identify it? What did it mean to you? How did it function in your perception of yourself? How did it make you feel? How did it affect you in relationship to other people?

5. How were you recruited into racism?