

## Week 21: Exam Time (Easter 5)

**T**he school year is coming quickly to a close. It's that time of year when the weather warms up, the shorts and sandals come out, and we can see the end of school so clearly! It's almost summer, with time for vacations, camp, and friends . . . but first—exams. It causes such stress . . . but why? Is it expected that you should stress over it? We lose so much time worrying! Have you ever noticed what you miss when you're so consumed with worry?

### **Consider This:**

*You who are young, make the most of your youth. Relish your youth—full vigor. Follow the impulses of your heart. If something looks good to you, pursue it. But know also that not just anything goes; You have to answer to God for every last bit of it. Live footloose and fancy-free—you won't be young forever. Youth lasts about as long as smoke.”*

Eccles. 11:9–10 The Message

Being young is hard sometimes; much harder than it really should be. Society wants you to have your life planned out and to have a complete resume built by the time you're 14 . . . and even that's late! Don't misunderstand. It is good to do your best. *Your* best. not someone else's idea of what your best is. What would it be like to do your best just for you, to fully enjoy and experience life as it unfolds? What would it be like to really just be you . . . the person God created you to be?

**Praying** you enjoy playing outside this week . . .

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## Touchstones

Initial thoughts:

## ||||| Going Deeper

My biggest worry right now is:

My prayer for helping to put this aside:

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Some steps I know I can take to help me feel more at peace:

People who I can ask for help:

## My Reflections

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