



# THE WAY OF LOVE IN LENT 2019

Monday		Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reflections from <i>Living the Way of Love</i> by Mary Bea Sullivan (Church Publishing, 2019). Used with permission.			<b>March 6 TURN</b> How did you turn back towards God's love when you made a big mistake? Luke 15:18	<b>7 LEARN</b> Practice lectio divina with this scripture.  Luke 15:17-24	<b>8 PRAY</b> What are you thankful for?  1 Chron. 29:15	<b>9 WORSHIP</b> What is most meaningful to you in worship? BCP prayer, p. 281	<b>10 LENT 1</b>
		<b>11 BLESS</b> What challenges are you facing today?  Job 11:18	<b>12 GO</b> Where are you being encouraged to "show up"? Matt. 25:44-45	<b>13 REST</b> What can you say "no" to so you can say "yes" to prayer, rest, and joy? Lev. 23:3	<b>14 TURN</b> What relationships do you need to mend?  Isa. 55:8-9	<b>15 LEARN</b> Who might you have a conversation with to learn about God? Ps. 119:105	<b>16 PRAY</b> Listen to the daily office today at <a href="http://www.missionstclare.com">www.missionstclare.com</a> Ps. 55:17
<b>18 WORSHIP</b> How do you want to prepare people to remember you? 2 Cor. 1:3-4	<b>19 BLESS</b> Intentionally smile at least ten times today.  Phil 4:4	<b>20 GO</b> Where can you go and intentionally provide kindness? Matt. 5:4	<b>21 REST</b> How do you incorporate rest in your life? Jer. 6:16	<b>22 TURN</b> Where do you find joy and passion?  Luke 24:32	<b>23 LEARN</b> What passage of scripture is important to you Why? Isa. 40:8	<b>24 LENT 3</b>	
<b>25 PRAY</b> Go for a walk today and pray with your feet, each step with intention. Isa. 2:3a	<b>26 WORSHIP</b> In your prayers today, what new words or thoughts touch you? Phil. 4:6	<b>27 BLESS</b> Notice the pattern of your breathing. Pray for awareness of blessings. Gen. 2:7	<b>28 GO</b> Where might God be asking you to take your great love into the world? Isa. 48: 6b	<b>29 REST</b> How can you incorporate rest from technology today? Matt. 11:28	<b>30 TURN</b> Today, intentionally listen devoutly to another. Mark 4:23	<b>31 LENT 4</b>	
<b>April 1 LEARN</b> How is the Jesus who walked this earth beckoning you to meet him? Mark 10:46-52	<b>2 PRAY</b> Try praying with Anglican prayer beads today. Luke 18:1	<b>3 WORSHIP</b> How does community help or hinder your growing in Christ? John 1:12-13	<b>4 BLESS</b> Who has taught you to live a Jesus-filled life? Who have you taught? 2 Cor. 4:16	<b>5 GO</b> Create a prayer representing how you seek to serve God and follow Jesus. Matt. 5:15.	<b>6 REST</b> How might you connect with others in the spirit of renewal? 1 Kings 19:11-12	<b>7 LENT 5</b>	
<b>8 TURN</b> How might you share what brings you great joy with others? Rom. 12:6-8	<b>9 LEARN</b> Slowly read this passage aloud. How does this speak to the world today? Matt. 4:18-22	<b>10 PRAY</b> Take 20 minutes in contemplative prayer today. Matt. 4:18-22	<b>11 WORSHIP</b> What seminal moments have informed a need to return to Christ? Ps. 51:10	<b>12 BLESS</b> When you reflect on financial giving, are your palms open? Matt. 12:43-44	<b>13 GO</b> Where can you seek and serve Christ in someone unlike you? Jer. 30:22, 31:4-5.	<b>14 LENT 6</b>	
<b>15 REST</b> How do your creative outlets impact taking rest? Gen. 1:1-2:4	<b>16 WAY OF LOVE</b> Where do you see the seven practices of the Way of Love in this story? Luke 5:19	<b>17 RULE OF LIFE</b> How has this Way with God impacted your experience of God? John 7:38	<b>18 RULE OF LIFE</b> How can you build pauses into the day to reflect on the work of the Spirit? John 15:5	<b>19 RULE OF LIFE</b> How do others experience the love of Christ through you? Gal. 5:22-23	<b>20 RULE OF LIFE</b> Who can support you in living a Jesus-centered life? 2 Cor. 3:6	<b>21 EASTER DAY</b>	