



Introduction

December can pass in a haze of busyness. There is so much to do to prepare for Christmas that, if we are not careful, we can arrive at December 25 with many jobs done only to discover that we are not ready to celebrate the birth of Jesus.

This book isn't trying to give you more things to do, but to encourage you to take time to be ready for Christmas. Beginning on December 1, the actions for each day can be done no matter what age you are, and we hope that you will be able to find a way to do them that works for you.

Scattered through the booklet are also extra actions for each Sunday during Advent. You may like to take a little time to read the Bible passages and say the prayers that are included. One Advent tradition is to make a wreath (see instructions on the website: www.liveadvent.net) with a candle for each week of Advent. Lighting the week's candle each day could mark a special time when you think about how you are going to get ready for Christmas.

This Advent, as you prepare for Christmas, why not take time to make room for the manger?

1st

Make a place in your home where you will think about Advent ☆

Make it special by putting your Advent calendar, candle, crib-set, or wreath there.



2nd

Find a jar or pot and decorate it if you like ☆

Use it to collect coins through Advent and then give them to a charity.



3rd

Think back over the last year ☆

What made you most happy?
Thank God for this.

1st Sunday of Advent

On the First Sunday of Advent we remember people in the Old Testament like Abraham and Sarah, Moses and Miriam, David and Solomon. We call them Patriarchs – the mothers and fathers of our faith – the people who first responded to God's call.

