These Are Our Bodies, Young Adult Leader Guide
Talking Faith & Sexuality at Church & Home, Young Adult Leader Guide
Heidi Carter Clark & Marcus G. Halley

- Faith formation resource for young adults on human sexuality
- For use in congregational and campus ministry settings

Our inherent value and worth comes from God’s love for us, but our modern world is filled with sexual expression that too often leads us away from the life of Christ. As Christians seeking to live a life worthy of our calling and desiring to pass along these values to our children and youth, these books (Leader Guide and Participant Book) offer session plans with activities for Young Adults (ages 18–30) to explore issues of sexuality in the context of our faith, building on the foundational book of the same name and as part of the These Are Our Bodies program resource.

Session topics include:
- Holiness
- Intimacy
- Covenant
- Love
- Biology
- Communication
- What is Sacred?
- Power and Parity
- Mind, Body, and Soul
- Brokenness and Shame
- Our Bodies: Currency and Creators

HEIDI CARTER CLARK currently serves as the Lay Associate for Ministry at St. Timothy’s Episcopal Church in Creve Coeur, Missouri. Ms. Clark has served numerous task forces in the Episcopal Church regarding human sexuality. With more than 25 years of experience in Christian formation focused on youth and adults, she is a past president of Forma and once diocesan formation leader. She also serves as the Director of Consultant Services for LeaderResources.

MARCUS G. HALLEY serves as the Pastor for Young Adults and Families at St. Andrew’s Episcopal Church in Kansas City, Missouri. His blog “In Living Color” follows his many paths to the present. From his journeys to Royals Stadium with the youth group to the neighborhood coffeehouse each morning, he finds on all paths, God shall lead the way. He is a graduate of The School of Theology at the University of the South, Sewanee.