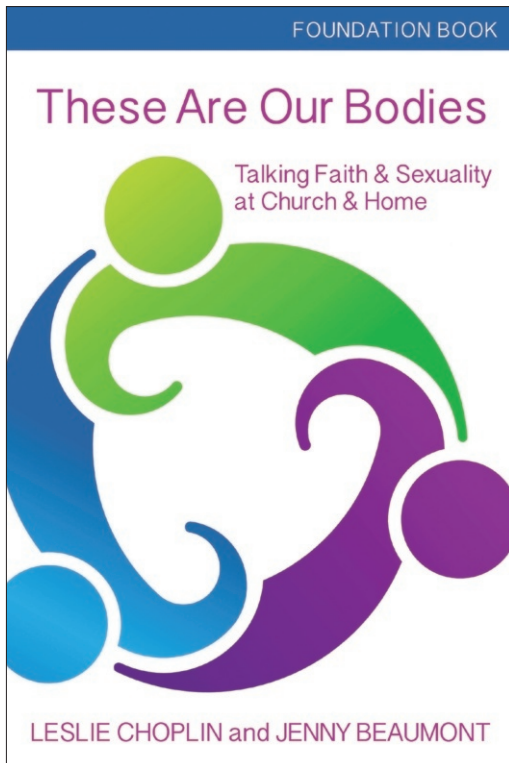


THESE ARE OUR BODIES

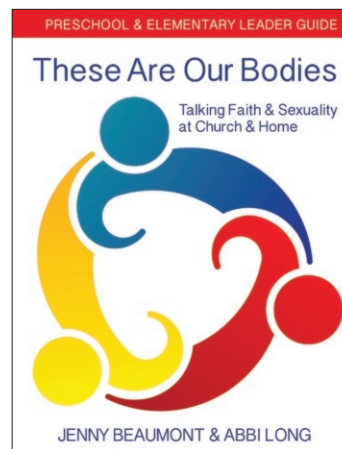
Talking Faith & Sexuality at Church & Home



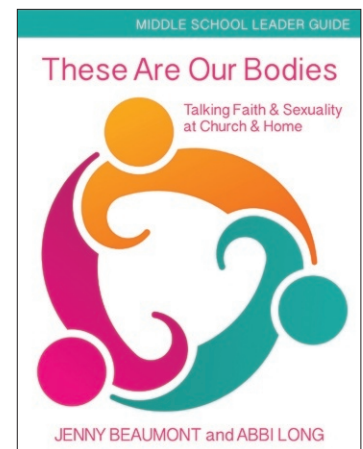
For Adults

These Are Our Bodies addresses foundational issues for how we are called to have conversations about our sexuality within a faith community. Looking at sexuality through the lenses of growth and change, we can explore values and intentionality. Individuals and churches can use this technique to build upon this theological grounding.

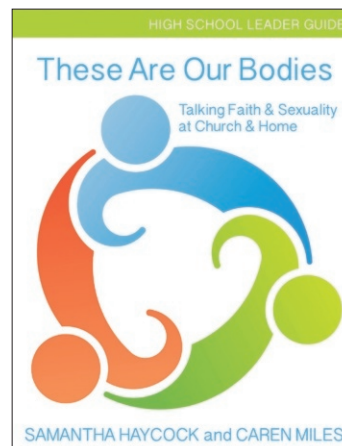
A New Episcopal Program for All Ages



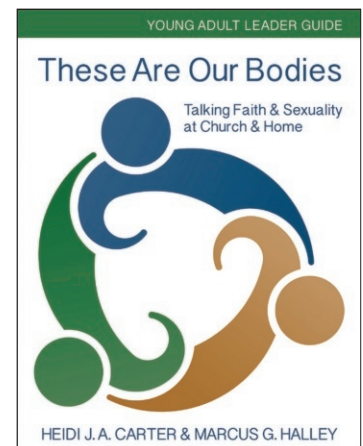
Preschool & Elementary



Middle School



High School

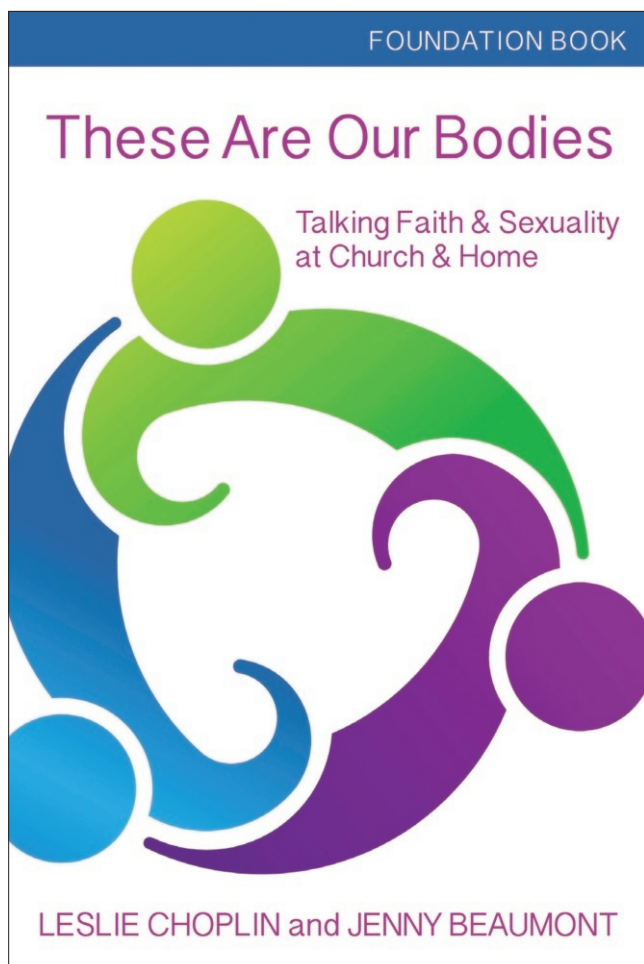


Young Adult

“There is an urgent need across the Church for faithful, honest conversations with young people about sexuality. Finally, we have the sturdy resource we need to hold them. Honoring the inherent tension between the beauty and the complexity of the God-given gift of human sexuality, *These Are Our Bodies* is written for real people with real lives. It invites parents and church leaders into the serious, hopeful work of integrating body and soul.”

—Lisa Kimball, Ph.D.,
Associate Dean for Lifelong Learning,
Virginia Theological Seminary

See inside for a description of all age level modules

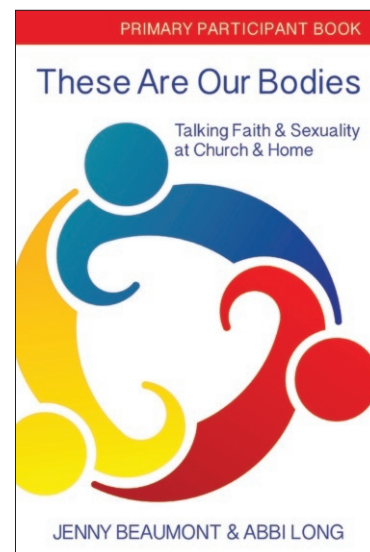
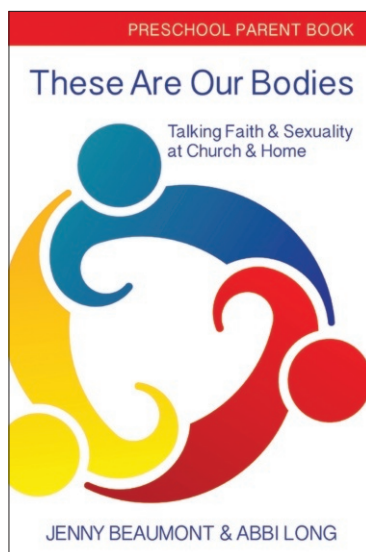
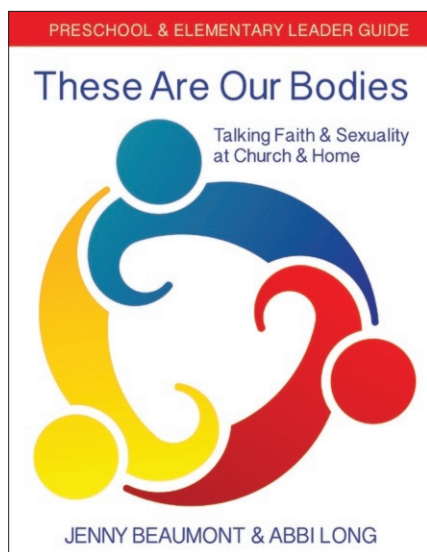


Grounded in the Episcopal tradition, the **Foundation Book** by *Leslie Choplin and Jenny Beaumont* serves as a theological and practical guide for adults to conversation about the complexities of sexuality in today's world. This book includes discussion of the role of sexuality in our lives in all its dimensions, as well as a practical guide to help inform church educators, clergy, parents, youth leaders, or anyone who seeks to broaden their knowledge on this subject. Each chapter concludes with discussion questions.

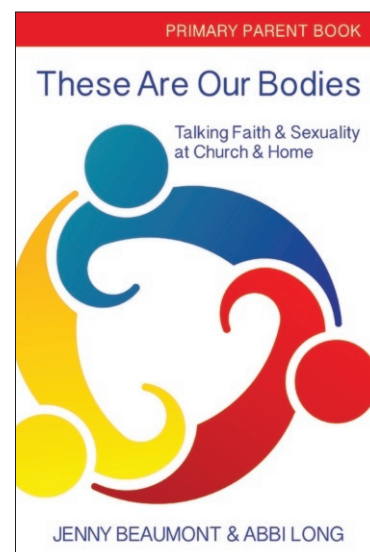
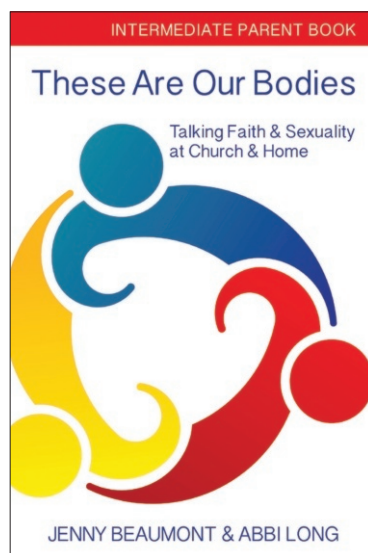
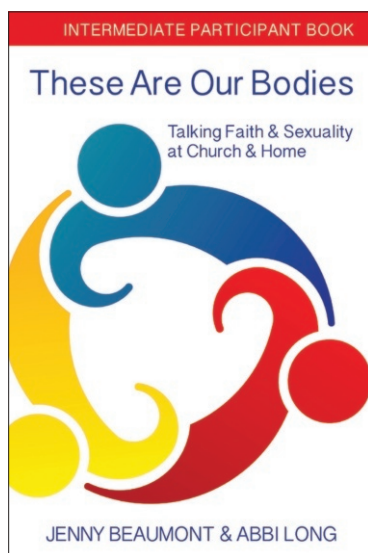
This book also serves as a resource for the *These Are Our Bodies* program modules, supplementing and supporting those educational materials.

The four age-level modules, encompassing ages 3–30, each include a Leader Guide, Parent Books (with the exception of the Young Adult module), and Participant Books, closely graded.

"This curriculum aims to walk parents and children through a journey
Guides that accompany each age level are a model of accessibility



The **Preschool & Elementary** module (ages 3–11) by *Jenny Beaumont and Abbi Long* offers 6–10 sessions per age level that aid the leader, child, and parent in learning about their bodies and using skills that enable them to embrace and affirm the wholeness of sexuality as part of who they are at preschool (3–5), primary (6–8), and intermediate (9–11) and parental levels.



of honest self-discovery and sincere respect for others. The Leaders'ity and practicality. **This is just what our congregations need!"**

—The Rt. Rev. Jake Owensby, PhD, DD, 4th Bishop of Western Louisiana

MIDDLE SCHOOL LEADER GUIDE

These Are Our Bodies

Talking Faith & Sexuality
at Church & Home



JENNY BEAUMONT and ABBIE LONG

The **Middle School** module (ages 12–14) by *Jenny Beaumont and Abbi Long* includes conversations and teaching around the stewardship of gifts, responsible behavior, vocabulary, and identity, and God's grace and love in 10 sessions.

MIDDLE SCHOOL PARTICIPANT BOOK

These Are Our Bodies

Talking Faith & Sexuality
at Church & Home

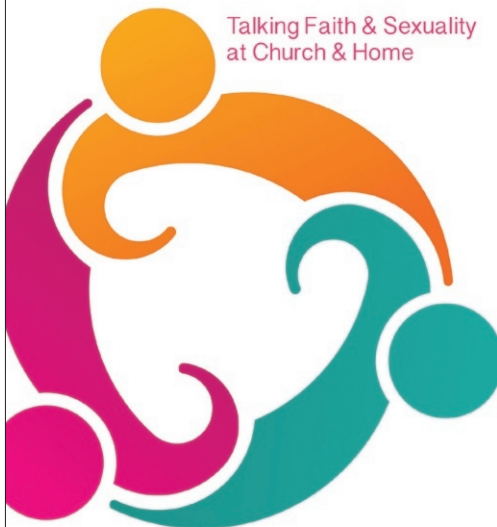


JENNY BEAUMONT and ABBIE LONG

MIDDLE SCHOOL PARENT BOOK

These Are Our Bodies

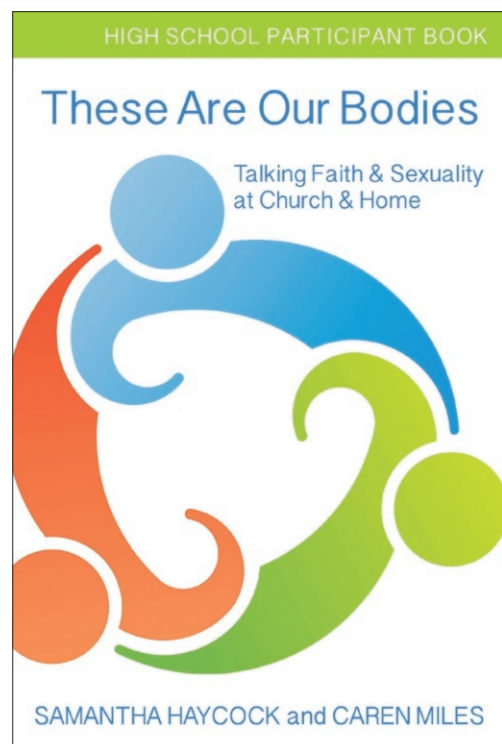
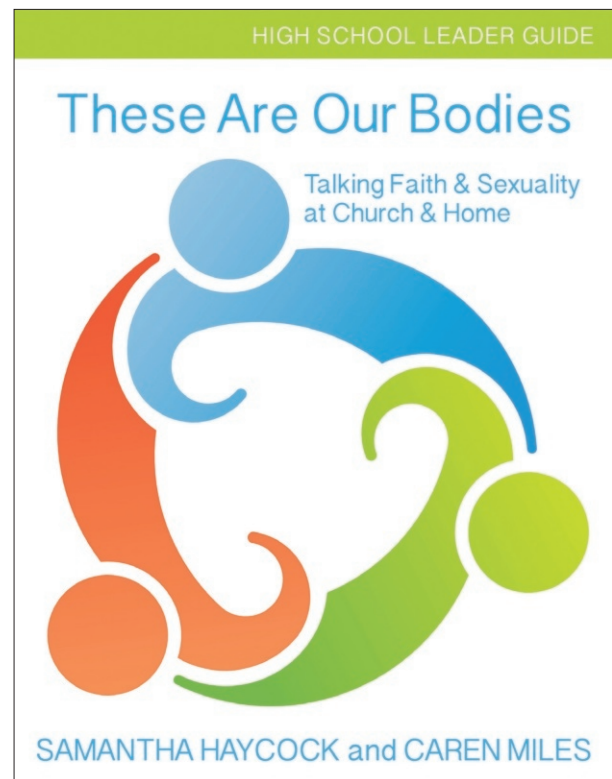
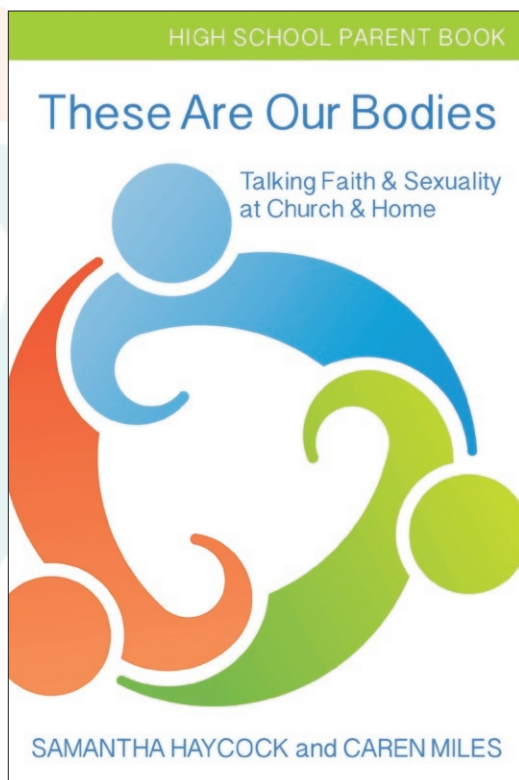
Talking Faith & Sexuality
at Church & Home



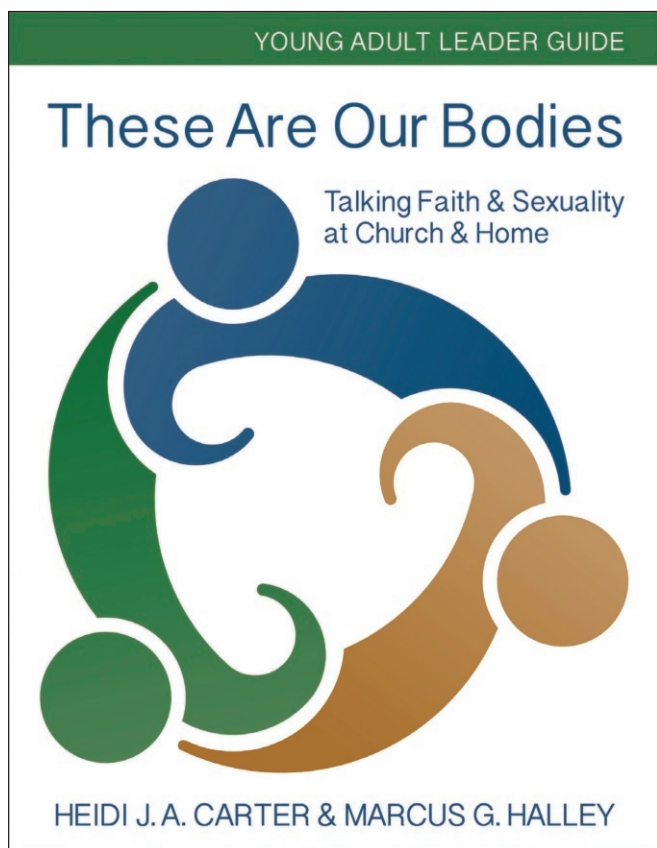
JENNY BEAUMONT and ABBIE LONG

For Christians seeking to live a life worthy of our calling and o
These are Our Bodies can be used at ch

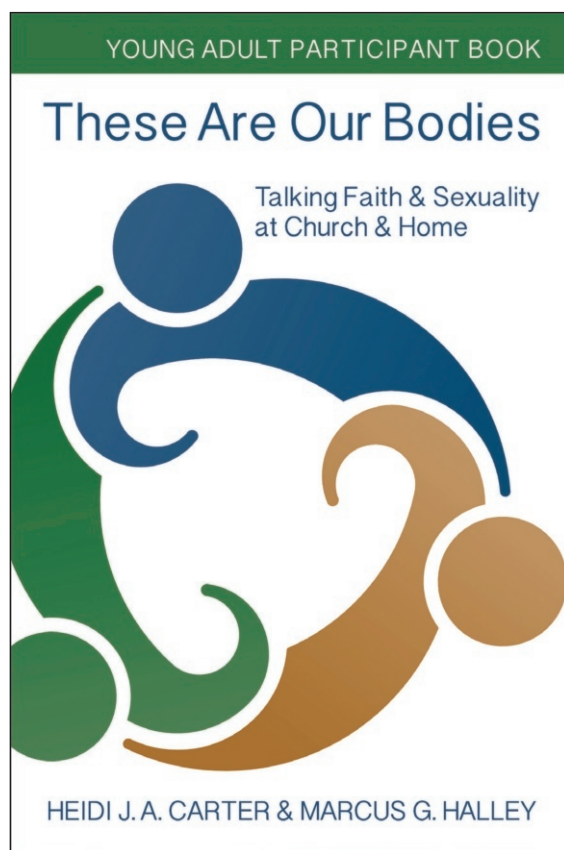
The **High School** module (ages 15–18) by *Samantha Haycock and Caren Miles* contains 9 sessions connecting faith with sexuality on topics such as language, values, self-image, identity, relationships, health, and dignity.



Desiring to pass along these values to our children and youth,
urch, home, school, and other settings.



The **Young Adult** module (ages 18–30) by *Heidi J. A. Carter & Marcus G. Halley* offers session plans with activities for young adults to explore issues of sexuality in the context of our faith, including covenant, empowerment, mutuality, respect, love, pleasure, and wholeness.



"This is a wonderfully written discussion guide for anyone wanting to begin conversations about faith and sexuality. It presents topics that are important to all of us, but in particular to young adults and their families."

—The

	Ages	ISBN/UPC	Price	# of sessions
Foundation Book		9781606743089	\$ 28.95	
Preschool & Elementary Module				
Preschool & Elementary Leader Guide	3–11	9780898690118	\$ 28.95	
Preschool Parent Book	3–5	9780898692570	\$ 9.95	6
Preschool Parent Book 5-pack	3–5	9781640650411	\$ 39.95	6
Primary Participant Book	6–8	9780898690576	\$ 5.95	8
Primary Participant Book 5-pack	6–8	9781640650428	\$ 24.95	8
Primary Parent Book	6–8	9780898690156	\$ 9.95	8
Primary Parent Book 5-pack	6–8	9781640650435	\$ 39.95	8
Intermediate Participant Book	9–11	9780898690194	\$ 9.95	10
Intermediate Participant Book 5-pack	9–11	9781640650442	\$ 39.95	10
Intermediate Parent Book	9–11	9780898690248	\$ 9.95	10
Intermediate Parent Book 5-pack	9–11	9781640650459	\$ 39.95	10
Middle School Module				
Middle School Leader Guide	12–14	9781606743119	\$ 28.95	10
Middle School Participant Book	12–14	9781606743133	\$ 9.95	10
Middle School Participant Book 5-pack	12–14	846863021635	\$ 39.95	10
Middle School Parent Book	12–14	9781606743157	\$ 9.95	10
Middle School Parent Book 5-pack	12–14	846863021628	\$ 39.95	10
High School Module				
High School Leader Guide	15–18	9781606743294	\$ 24.95	9
High School Participant Book	15–18	9781606743331	\$ 7.95	9
High School Participant Book 5-pack	15–18	9781640650398	\$ 32.95	9
High School Parent Book	15–18	9781606743317	\$ 7.95	9
High School Parent Book 5-pack	15–18	9781640650381	\$ 32.95	9
Young Adult Module				
Young Adult Leader Guide	18–30	9780898690262	\$ 24.95	10
Young Adult Participant Book	18–30	9780898690101	\$ 7.95	10
Young Adult Participant Book 5-pack	18–30	9781640650466	\$ 32.95	10

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sations with young adults about our bodies as sacred, holy, and life-giving vessels.
as they continue to explore what it means to be a faithful adult in today's context."

Rev. Shannon Kelly, Officer for Young Adult and Campus Ministries for The Episcopal Church

“Sex and sexuality are complex issues in our culture and in our church. How shall we then live in this world in relationship with God, one another, and ourselves? *These Are Our Bodies* provides an avenue to deepen our understanding on faith and sexuality, so that we may walk alongside our young people and together continue to grow in what it means to be image bearers of Christ.”

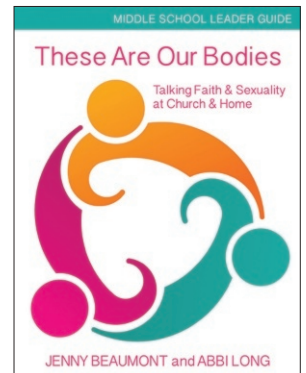
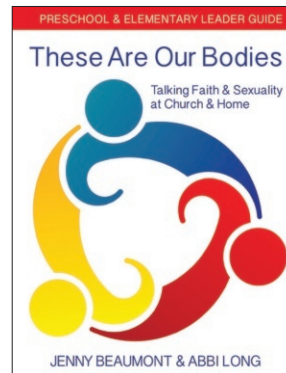
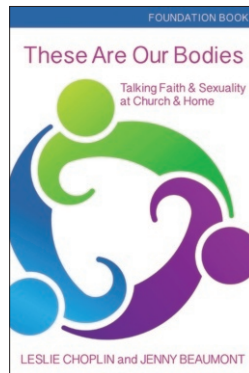
—Iman Green Syler, Youth Missioner for the Episcopal Diocese of Washington

“This thoroughly theological, biologically accurate, and highly adaptable curriculum will help revolutionize the way adults who work with youth engage the topics of sexuality, gender identity, and body image!”

—Bronwyn Clark Skov,
Director for Formation, Youth,
and Young Adult Ministries,
Presiding Bishop's Staff
for The Episcopal Church

These Are Our Bodies

Talking Faith & Sexuality at Church & Home



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